Monday

Reading/Literature: Read the New Yorker with Us


BMO/Harris Bank Meeting Room

Course Description

The New Yorker magazine includes something for everyone - commentary, reportage, profiles, essays, fiction, cartoons, and poetry. Class members will divide the current issue of the magazine and share a report with the class on a particular article. In addition, the entire class will read and discuss one of the articles. We may occasionally take a look at something from the rich history of the magazine. This popular class has been continually offered since Spring 2011. A subscription to the magazine is required.

Study Group Leader(s)

John McCoy

John McCoy is retired from a career developing public financing for housing for low income families, and the structuring of public/private partnerships for economic development.

Science/Math: Enjoying Butterflies in Southern Arizona

Mon 9:00 AM - 10:30 AM start: 6/4/2018 end: 6/25/2018

Quail Creek Kino Center Mesquite Room

Course Description

Butterflies 101: Presentation includes brief discussion of identification, life cycle, coloration, broods, habitat, evolution, behavior, and other aspects of butterflies. Overview of common butterflies of S. AZ: discussion of various groups of butterflies, host plants, nectar plants, predators, etc. Six ways to enjoy butterflies: watch, photograph, play with, attract to yard, raise and release, study. The three classes described above take slightly more than one hour each, with ample time for discussion during and/or after the talk. Day 4 will be a field trip, starting locally and ending in Madera Canyon.
Study Group Leader(s)

Larry Fellows
Born and raised in Iowa, I earned degrees in geology and spent my entire professional career as a geologist. My experience includes petroleum exploration, university-level teaching, and state geological survey administration. In addition to knowledge/interest/experience in geology, I've been interested in butterflies and photography since grade-school days.

History: The Mexican Revolution, the First Social Revolution of the Twentieth Century

Mon 9:00 AM - 10:30 AM start: 6/25/2018 end: 6/25/2018
Quail Creek Kino Center Mesquite Room

Course Description

We’ll look to some of the causes of the Mexican Revolution and what happened during the Revolution. Was the Revolution successful? We’ll look at some YouTube videos and have a discussion afterwards. Bring your knowledge and experience.

Study Group Leader(s)

Richard Osburn
I’m a retired airline pilot. I have traveled extensively in Mexico and Central America, at times on my motorcycle. I have an interest in the history of Mexico.

Health/Self Help: Yoga

Mon 10:30 AM - 12:00 PM & Wed 9:00 AM - 10:30 AM
start: 6/18/2018 end: 6/27/2018
Community Learning Center - Green Valley Rehearsal Room

Course Description

This is a series of four 1 1/2 hour yoga classes. We will meet Mondays 10:30-12:00 and Wednesdays 9:00-10:30. The focus will be on alignment to invigorate, ground, and balance the energies so you leave feeling enlivened and relaxed at the same time. Yoga will help you in breathing and balance in every aspect of your life. We will do some floor postures, but some may want to use a chair. We will do standing
and balancing postures, we will practice yogic breathing, and we will end in relaxation. Bring a mat specific to yoga and eat a very light breakfast early.

**Study Group Leader(s)**

**Helen Boyd**

I have been teaching Hatha yoga, the form of yoga that includes concentrating, breathing exercises, and postures, for 25 years, and been certified with Yoga Alliance since it's inception. Other styles of yoga I also offer are Yin, Vinyasa, and Restorative. I have taught in classrooms in gyms, community college, and workshop settings to all age groups.

**Science/Math: There are no Hummingbirds on Mars**

Mon 11:00 AM - 12:30 PM start: 6/4/2018 end: 6/4/2018

Quail Creek Kino Center Mesquite Room

**Course Description**

This one-shot lecture will address three major questions: (1) Why are there no hummingbirds on Mars; (2) How has life evolved on Earth; and (3) Why spend tons of money to send people to Mars when the money could perhaps be better spent documenting and conserving life on Earth? Our species has always been an explorer, but I contend that our job of exploring life and its evolution on Earth is far from finished. We need to complete this job before we completely destroy our fantastic biodiversity and be forced to move to another planet. We currently live on a beautiful planet that teems with life. In contrast, Mars is a barren rusty desert. Where would you rather live?

**Study Group Leader(s)**

**Theodore Fleming**

I have been a professional biologist for over 50 years. For most of my career I have studied ecological interactions between seed and/or pollen-dispersing phyllostomid bats and their food plants in Latin America. My seed dispersal studies were conducted in tropical forests in Costa Rica between 1970 and 1986. My pollen dispersal studies were conducted in the Sonoran Desert of Mexico and Arizona between 1989 and 2000; my graduate students conducted parallel studies in Curacao, Venezuela, and Peru. My students and I studied the evolution of phyllostomid bats in the West Indies between 2000 and 2006. My current research involves the use of hummingbird feeders by nectar bats in southern Arizona, and the ecology and evolution of tropical vertebrate-plant mutualistic interactions (i.e., pollination and seed dispersal) world-wide. I have been professionally employed by the Smithsonian Institution (1966-67), the University of Missouri-St. Louis (1969-78), and the University of Miami (1978-2008). I have directed the theses or dissertations of 22 graduate students and have won several national awards for my research. I have long been associated with the Association for Tropical Biology and Conservation (ATBC) and served as its president in 2001. I have authored/co-authored over 150 publications and eight books, including "The Ornaments of Life: Coevolution and Conservation in the Tropics " (University of Chicago Press, 2013; co-authored with W. John Kress) and "No Species is an Island: Bats, Cacti, and Sonoran Desert Secrets" (University of Arizona Press, 2017). My wife and I live in Tucson, AZ near our daughter and her family. I've always had an interest in art and have used photography as a creative outlet for this for many years. I've become deeply involved in digital photography and digital art in retirement. I've enjoyed being a member of Club Camera Tucson and served as its president in 2010-12. My photo website is: www.tedflemingphotography.com
Social Sciences: Psychology of Aging

Mon 11:00 AM - 12:30 PM start: 6/11/2018 end: 6/11/2018
Quail Creek Kino Center Mesquite Room

Course Description

Would you like to help others learn about aging? Researchers from the University of Colorado and University of Arizona Psychology Departments need volunteers for a project investigating personality and opinions across the adult lifespan. In a group setting, you will complete a packet of questionnaires, taking 45 to 50 minutes. We will spend the remaining course time in an interactive group lecture about research concerning the psychology of aging, where you will have the opportunity to share your experiences and ask questions.

Study Group Leader(s)

Lyla Rothschild

Lyla G. Rothschild is a doctoral student at the University of Arizona, under the mentorship of Dr. Jeff Greenberg. She works in a social psychology lab studying how people create meaning in their lives, how people gain self-esteem, as well as studying stereotypes, biases, and prejudice.

Health/Self Help: Because Everybody Dies - True or False

Mon 11:00 AM - 1:00 PM start: 6/18/2018 end: 6/18/2018
Quail Creek Kino Center Mesquite Room

Course Description

Some people believe that they are immortal; they are not. We all die. Maybe someday the cyberworld will permit immortality, but not in the foreseeable future. So each of us needs to acknowledge our own deaths and make plans. I know this "grown-up" behavior can be perceived as depressing, but talking about death is no more likely to make you die than talking about sex will make you pregnant! This course is set up with a series of True/False questions as a springboard to the many topics around death and dying, cremation, burial, whole body donation, costs, consumers rights and much more. It is interactive and audience questions are encouraged. There will be a PowerPoint presentation, much useful information
available and an entertaining speaker. Class is about 2 hours, maybe a bit longer depending on questions and room availability.

**Study Group Leader(s)**

**Ruth Bennett**

Ruth Bennett is the Executive Director of the Funeral Consumers Alliance of Arizona. This nonprofit has been in Tucson since 1961 and is one of about 70 Funeral Consumers Alliance affiliates in the United States. A statewide group since 2014, the FCA-AZ is an information and advocacy organization providing objective information about cremations, burials, whole body donation, green burial and more. Ruth has served on the Board of People’s Memorial Association (the WA state affiliate), the FCA Board in Arizona and 2 terms on the national FCA Board of Trustees. She has a BA in Anthropology and once owned a travel agency in downtown Seattle. She serves on her local school board and is active in her church. Her presentation is informative and entertaining. She has been accused of "Putting the FUN back in FUNeral!"

### Tuesday

**History: Mission Garden – History, Archaeology, & Agriculture**

Tue 9:00 AM - 10:30 AM start: 6/5/2018 end: 6/19/2018

Quail Creek Kino Center Mesquite Room

**Course Description**

This course will focus on the history, archaeology, and agriculture of the San Agustin Mission Garden. Extensive archaeology has uncovered evidence of over 4000 years of continual habitation and agriculture at the base of ‘A’ Mountain. We will present some of the archaeological findings and review crops and agricultural methods used by several cultures as demonstrated at Mission Garden. The classroom sessions will be followed by a field trip to Mission Garden. The field trip will be on Tuesday, June 19, the third week of the class. The class will meet at Mission Garden in Tucson at 9:00 a.m. (or earlier depending on the hot weather), and the tour will last about 90 minutes. There is a $5 suggested donation for Mission Garden.

**Study Group Leader(s)**

**Bill O’Malley**

Bill O’Malley is a retired architect with over thirty years experience in architecture and construction, including private practice and city government. His experience includes project management and construction observation in addition to architectural design. His projects have included several in the range of $200 million to $400 million. He was the project manager for the City of Tucson during the design and start of construction for the Mission San Agustin and Mission Garden. He also managed the design and construction of the reconstruction of the Tucson Presidio. Since retiring he has been working with The Friends of Tucson’s Birthplace to develop and operate Mission...
Garden. Bill is a member of the Planning and Architecture Committee for the Green Valley Council, member of the GVR Camera Club, and member of the Green Valley Outlaws Corvette Club.

Art/Culture: Crimes Against Art

Tue 9:00 AM - 10:30 AM start: 6/19/2018 end: 6/19/2018
Quail Creek Kino Center Mesquite Room

Course Description

Art crime—from iconoclasm to copyright issues, from forgeries to theft— is not a new phenomenon. While there are infinite ways to discuss art crime in general, this lecture will focus on two major crimes at The University of Arizona Museum of Art (UAMA). The 1980s was a difficult decade for the UAMA. First, there was the discovery of forgeries in the permanent collection. Works said to be created by Wassily Kandinsky, Franz Marc, Edgar Degas, and Lyonel Feininger, were later found to be fakes after having been exhibited for many years. As if this was not enough, the day after Thanksgiving in 1985, two people entered the University of Arizona Museum of Art and left with Willem de Kooning’s Woman-Ochre. For 31 years the painting’s whereabouts remained a mystery. Only just recently was the painting returned, having been found at an estate sale. This talk will trace the events and outcomes of each of these crimes against art at the UAMA and how they have affected the institution. While it is not easy to discuss these painful moments in our museum’s history, the staff believes that it is the museum’s responsibility to.

Study Group Leader(s)

Olivia Miller

Olivia Miller received her B.A. in Studio Art and Art History from the University of Arizona and her M.A. in Art History from the University of Oregon. In addition to curating a wide range of exhibitions and leading the museum’s docent program, she also serves on the museum’s acquisitions and public art committees. She co-runs the Science and Arts Communication Fellowship Program, which is part of an IMLS grant partnership with the Pacific Science Center and the Connor Prairie Interactive History Park. Prior to her position at UAMA she taught art history for both high school and college levels and worked at multiple non-profit arts organizations in Oregon and Arizona. Currently a Ph.D. student in art history she will write her dissertation on the C. Leonard Pfeiffer Collection, the UAMA’s founding collection.
Health/Self Help: The Basics of Alzheimer's Disease

Tue 9:00 AM - 10:30 AM start: 6/26/2018 end: 6/26/2018
Quail Creek Kino Center Mesquite Room

Course Description

Alzheimer's disease is not a normal part of aging. If you or someone you know is affected by Alzheimer's disease or dementia, it's time to learn the facts. The program provides information on detection, causes and risk factors, stages of the disease, treatment and much more.

Study Group Leader(s)

Lisa Brazil
Lisa Brazil is the Community Resource Manager of the Alzheimer's Association, Desert Southwest Chapter in Tucson, Arizona.

Science/Math: The Hubble Space Telescope: Twenty-eight Years of Scientific Achievement

Tue 1:30 PM - 3:00 PM start: 6/5/2018 end: 6/26/2018
Posada Community Center at La Posada Meeting Room

Course Description

We have all seen many of the spectacular images from the Hubble Space Telescope that have been widely disseminated in the popular media. While these images are intriguing and inspiring, during its 28 years in orbit the HST has also collected an enormous amount of scientific data that has greatly expanded our knowledge and understanding of the universe. Since the HST is nearing the end of its mission, this is a good time to look back at its accomplishments. In this class we will explain a selection of these images and the scientific discoveries emanating from them. This class will be at the introductory level and no background in science will be required. It will consist of PowerPoint lectures with ample time for questions and discussion.

Study Group Leader(s)

Edward Schmidt
Ed Schmidt was a professor of astronomy at the University of Nebraska for more than four decades. During that time he taught a variety of astronomy classes ranging from introductory classes for non-science majors to junior-
senior classes for students majoring in physics. He has conducted research with the telescopes at Kitt Peak National Observatory in Arizona as well as at other observatories all over the world (Nebraska, Texas, California, Australia, Canada, Chile, England, Israel) and in space. Following his retirement in 2012, he sometimes organized and often taught OLLI courses in Lincoln, Nebraska. Currently he volunteers as a docent at Whipple Observatory.

Travel and Entertainment: Recreational Opportunities on Buenos Aires National Wildlife Refuge

Tue 1:30 PM - 3:00 PM start: 6/5/2018 end: 6/5/2018
Posada Community Center at La Posada Meeting Room

Course Description

I will present a Powerpoint lecture describing the recreational opportunities on the refuge. There is no prior knowledge or materials required. Anyone can participate. A field trip will be held at BANWR on Saturday June 9th, beginning at 10 am.

Study Group Leader(s)

Joshua Smith

I am a Wildlife Refuge Specialist with the US Fish and Wildlife Service at Buenos Aires National Wildlife Refuge. I've worked for the federal government as a Biological Sciences Technician, an Ecologist, and now a Refuge Specialist. My duties include public outreach and education, volunteer coordination, and biology. I enjoy sharing my knowledge of the outdoors and wildlife with diverse audiences.

Science/Math: Two Effects of Earth's Rotation: Tides and Hurricanes

Tue 1:30 PM - 3:00 PM start: 6/12/2018 end: 6/12/2018
Posada Community Center at La Posada Meeting Room

Course Description

Tides and hurricanes are two of the most interesting and most commonly misunderstood effects caused by the Earth's rotation. Why are there two high tides each day? Why do hurricanes rotate counter-clockwise in the Northern hemisphere? We'll use laymen's level description and analysis of the underlying physics to get at the answer for each question. It should be fun.
Study Group Leader(s)

Charles Buchanan

Charles Buchanan joined OLLI-UA in Jan 2013. He is a graduate of Reed College and received his PhD from Stanford in 1966 in experimental high energy particle physics. Charles has worked at SLAC (Stanford), FermiLab (Illinois), CERN (Switzerland) and in Russia for a month in 1971. His specialty is the physics of electron-positron collisions. He joined the UCLA Physics Dept in 1968, retired in 2009, and was Dept Academic Vice Chair 1991-2009. He is very interested in communicating frontier modern physics in laymen's terms.

Philosophy/Religion: The Power of Myth - An Exploration

Tue 1:30 PM - 3:00 PM & Thu 1:30 PM - 3:00 PM

start: 6/19/2018 end: 6/28/2018

Posada Community Center at La Posada Meeting Room

Course Description

The basis for the course will be the book "The Power of Myth", a compilation of interviews that Bill Moyers had with Joseph Campbell in the 1980's that became the basis for a 6-part program on National Public Broadcasting. Campbell is considered the world's foremost authority on mythology. The course is designed for open discussion, during which we will explore Campbell's approach to myth and how it integrates into our belief systems and our lives. We will cover two chapters in each of four sessions. Discussion questions will be sent to participants several days in advance of the class. To learn more about Joseph Campbell and his work go to the Joseph Campbell Foundation web site at https://www.jcf.org/about-joseph-campbell/. The book is available in ebook, hardback, and paperback through on-line vendors, your local bookstore, and perhaps your local library.

Study Group Leader(s)

Lois Connell

I have a Bachelor's degree in English and a Master's in Education with a concentration in Religion. I have had a varied career, first in Social Work and then in Teaching. I migrated to the business world and spent the rest of my working life in administration of Employee Benefits, concentrating on pension plan administration. I retired from Vanguard as a Project Lead in 2010. My sister Janet and I moved to Quail Creek in July 2010. In addition to OLLI-UA, we are involved in amateur astronomy and, most recently, politics. I have had a life-long interest in the intangible aspects of life, hence, my interest in myth.
Travel and Entertainment: Comedies for Fun

Tue 5:30 PM - 9:00 PM start: 6/5/2018 end: 6/26/2018
Posada Community Center at La Posada Meeting Room

Course Description

Strictly for fun, we'll view four comedies: "The American President" (Michael Douglas, Annette Bening), "Dave" (Kevin Kline, Sigourney Weaver), "French Kiss" (Meg Ryan, Kevin Kline) and "Same Time Next Year" (Ellen Burstyn, Alan Alda)

Study Group Leader(s)

Maureen Brooks
Maureen is an autodidact operaphile, and has been teaching classes on opera and popular film for Lifelong Learning Institutes, including OLLI, for 9 plus years. She is also a Docent for Pima County's Historic Hacienda de la Canoa. Prior to retirement, she was an attorney in New York, California, and the District of Columbia, and an adjunct professor at Marist College in their ABA accredited Paralegal Program from 1993-2012 when she retired to Green Valley.

Wednesday

Health/Self Help: Mindful Meditation for Brain Health

Wed 9:00 AM - 10:30 AM start: 6/6/2018 end: 6/27/2018
Quail Creek Kino Center Mesquite Room

Course Description

Both mindfulness and meditation have been shown to benefit brain function and extend cognitive abilities as you age. If you are new to the practice or want to enhance your meditation experience, join us to discover how you can improve your brain health. In each class, participants will be able to experience different mindful and meditative techniques and incorporate those into practice that best optimizes their own brain performance.

Study Group Leader(s)

Joyce Hansen
Joyce Hansen, a graduate of the University of Wisconsin, relocated to New York to live a corporate life until she switched mid-career to spend 25 years in a private mind-body strategies practice and retired as a community college, adjunct professor. She now writes and conducts training programs on health and aging issues.
Reading/Literature: Sherlock in the Summer

Wed 1:30 PM - 5:00 PM start: 6/6/2018 end: 6/27/2018

Posada Community Center at La Posada Meeting Room

Course Description


Study Group Leader(s)

Stephen Stillwell, jr.

Stephen Stillwell is an historian and a librarian. He has led study groups at each of the OLLI/UA campuses. His courses have included Middle Eastern history, British history, and British culture. Some of his most popular classes have concentrated on British mysteries.

Other: The Nogales Produce Industry

Wed 1:30 PM - 5:00 PM start: 6/6/2018 end: 6/6/2018

Fresh Produce Association of the Americas Not Assigned

Course Description

This course and combined field trip are designed to educate attendees about the produce industry in Southern Arizona. After an introductory course, participants will travel to a local produce warehouse to see firsthand an important part of how produce travels from the farm to the fork. The introductory course will take place at Fresh Produce Association of the Americas building at 590 East Frontage Road in Nogales, AZ. Drive time to Nogales is approx. 45 minutes from GV, plus or minus time to find the address noted. After the classroom portion, the group will travel together from Fresh Produce in Nogales, to a warehouse nearby for the field trip portion of the course. What started over 100 years ago with a train car full of cantaloupe melons has evolved into a multibillion dollar business that helps drives the economy of the region. Nogales is the largest port of entry for fresh produce from Mexico, and the local produce companies are directly responsible for importing and distributing a wide variety of fresh produce across North America, Asia, and Europe. If you want to organize carpooling to Nogales, please meet at the Green Valley Village parking lot, south of El Rodeo, at 12:15 pm.
**Study Group Leader(s)**

**Erika Dominguez**  
Erika Dominguez is a Policy Analyst/Communications Coordinator for Fresh Produce Association of the Americas.

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**Thursday**

**History: Two Kids Growing Up In World War II Britain**

Thu 1:30 PM - 3:00 PM start: 6/7/2018 end: 6/14/2018

Posada Community Center at La Posada Meeting Room

**Course Description**

A reflection of how it was for two children who grew up in WWII Britain. One in the North of England, the other in the London area. They will share their memories with the group. Memories of an unconventional childhood. Memories of civilians being under constant bombardment, the scream of the bombs falling, the smelly gas masks that we had to carry everywhere, the foul air of the air raid shelters. The streets had no lighting the homes dare not show any light. Then there was rationing of clothing and food. However through all of this there was the indomitable spirit of the British people sustained by their irrepressible sense of humour and cups of rationed tea.

**Study Group Leader(s)**

**Tony and Pat Bishop**  
Tony retired from a major aerospace company in which he was Director of Human Resources Development. He then spent 12 years giving courses for USC over its distance learning satellite TV network. During WWII he lived through the blitz in a London suburb and from 1943 he served in the Royal Navy Fleet Air Arm. Before retiring Pat was an airline operative and a travel executive. In the war she was bombed out of two homes In Wallasey, across the river from Liverpool that was attacked with an intensity equal to that of London. Her family then moved to Scotland where she completed her education and joined the Royal Observer Corps.
Art/Culture: Designing Beautiful Landscapes in the Desert

Thu 3:30 PM - 5:00 PM start: 6/7/2018 end: 6/28/2018

Posada Community Center at La Posada Meeting Room

Course Description

This course is intended for a participant that wants to design their own backyard oasis in a way that is both beautiful and sustainable. The course will cover the following topics over 4 sessions: SESSION 1: Creating a Vision for Your Oasis. In this segment, participants will learn the importance of identifying goals and creating a vision for the project before starting the design process. Participants will also learn how to create a base map using Google Earth or the Pima County GIS system to assist with their design. SESSION 2: Learning from Nature’s Oases. In this segment, participants will use their base maps to identify the micro-climates that the sun and shade create around their home. This will help them to select plants that will thrive in the area they're designing. They will also identify how rain flows on their property. This will help participants capture some of that water for their design, minimizing the need for supplemental irrigation of established plants, and adding interest to their design. SESSION 3: Incorporating the Elements of Good Design. In this segment, participants will learn the elements that go will turn mediocre design into great design. SESSION 4: In the final session, participants will share their designs with the class. This will give each participant an opportunity to share their projects and to get feedback. 1.) The course is a combination of lecture, discussion and hands-on practice. 2.) Participants will be expected to use each week's lessons to complete the process on their own properties. This will require 1 to 3 hours of outside work. At the end of the course, participants will leave with their own landscape designs. 3.) No prior knowledge is necessary—just a willingness to jump in and try out some new concepts. 4.) The instructor will use slides to demonstrate the concepts. The slides will be emailed to the participants at the end of each class for review. There are no additional costs for the class, but participants will need paper and colored pencils, and access to a computer and printer. 5.) Participants with vision challenges may have difficulty completing some of the tasks. The ability to see the slides is not required as the lecture will cover all material on the slides. These participants may require assistance at home from someone who can describe their landscape in greater detail, or they may need to print their materials in a large format.
Study Group Leader(s)

Charlene Westgate

I have a Bachelors Degree in Humanities with coursework in design, Masters degrees in Near Eastern Studies and Psychology. I was a language and history adjunct professor for 6 years at Oral Roberts University, and an adjunct design instructor for 3-1/2 years in the Art Department at Mesa Community College. I have been a designer for 18 years and an avid desert gardener for 28. In addition to my design education, I am a Certified Permaculture Designer, a Rainwater Harvesting Certified Professional, a Pima County Master Gardener, and a partner with Tucson Audubon Society’s Habitat at Home program. I am the owner of Westgate Garden Design, a sustainable landscape design firm in Green Valley that specializes in creating beautiful landscapes that attract birds and butterflies, and that are easier and less expensive to maintain.

Friday

Health/Self Help: Strong Bones Workout

Fri 8:30 AM - 9:30 AM start: 6/8/2018 end: 6/22/2018

Quail Creek Kino Center Saguaro

Course Description

Proper exercise is one of the best ways to defend against osteoporosis and falls. This one-hour workout will focus on improving strength and balance, and is based on the recommended exercises in a recent book about osteoporosis. We will begin with stretching and move on to light weight-bearing exercises, which are performed both seated and standing. Movements are slow and counted aloud. They are done without music and are not targeted at increasing your heart rate; however, if you are not used to exercising it is recommended that you consult with your health care professional first. Bring water, a towel, and hand and ankle weights if you desire; wear comfortable clothing and exercise shoes.

Study Group Leader(s)

Paula Kulina

Paula Kulina is a native of Phoenix, AZ and retired from American Express two years ago. After being diagnosed with osteoporosis this year, she became interested in maximizing her efforts to eat, and exercise, her way to better health. She joined a "Strong Bones" workout group this summer in another state and wants to continue the workouts here with you!
History: History of Arizona's Oldest European Settlement: Tubac

Fri 3:30 PM - 5:00 PM start: 6/8/2018 end: 6/15/2018

Posada Community Center at La Posada Meeting Room

Course Description

Learn about the fascinating and unbelievable history of Arizona's oldest European settlement, and experience what it is today with a guided tour of the Presidio Park and Old Town Tubac. This presentation will explore the different groups of people and historical figures who have lived, traveled, and impacted the area of Tubac. A short video on Juan Bautista De Anza will be shown. The second part of the course will be a field trip to the Tubac Presidio, located at the intersection of Burrel St. and Tubac Rd, for a private tour of the extensive collection in the museum, gardens and park grounds, the 1700's presidio ruins, art gallery, and historical buildings. The date for the field trip is Friday, June 15 at 3:30pm. Admission is $5.00, parking is free. Further information and directions will be provided at the first meeting.

Study Group Leader(s)

Shannon Stone

Shannon Stone is a Tucson native, born on Davis Monthan Air Force Base. She loves the desert and the history of the southwest. She received her Bachelor Degree in History with a minor in Anthropology from the University of Arizona and currently is working on her Master of Liberal Arts in Museum Management through Harvard University. Shannon served as Education Director of the DeGrazia Gallery in the Sun Museum and Foundation in Tucson, where she worked for almost 20 years. She currently resides as Director of the Tubac Presidio State Historic Park and Museum where she is excited to expand on the park's educational programs and plans on adding more diverse exhibits to the museum collection.

Other: How Unique is My Valley

Fri 3:30 PM - 5:00 PM start: 6/22/2018 end: 6/22/2018

Posada Community Center at La Posada Meeting Room

Course Description

The course will focus upon: 1. The history of Green Valley from the late 1950s to present and how its early retirees shaped Green Valley into a unique volunteer managed community; 2. The organizations, particularly the Green Valley Council,
that provide the services that enable the Valley to function as a volunteer managed community; and 3. What does the future look like for a volunteer managed community? The course will involve lecture, discussion and visuals. No prior knowledge or outside work is required, just a curiosity about the place you live and what makes it tick. The content will be appropriate for any level of learning. The course is open to anyone with physical challenges and he/she can fully participate if notice is provided of any special devices required that are available. The class is one session and will last about 1.5 hours.

**Study Group Leader(s)**

**Thao Tiedt**

I am a retired Seattle lawyer whose practice focused on employment issues. I have lived in Green Valley for almost 9 years and am active in the Green Valley Council and Friends of the Library and am one of the founding mothers of the GVR Amigas Club. Working with the Council prompted my interest in how and why Green Valley became the unique community it is now.