Monday

Writing & Self-publishing your Memoir, Family History, or Fiction in a Professional & Permanent Form

Mon 9:00 AM - 10:30 AM start: 6/6/2016   end: 6/27/2016   PCC 210

Course Description

For both the novice and experienced writer. The class will cover writing techniques and mechanics, online research and fact verification, self-publishing, on-demand printing, promotion through social media, and working with editors, illustrators, and book designers to produce a professional book.

Study Group Leader(s)

Betsy Hoyt Feinberg
After 25+ years of writing and producing films and printed materials for international clients, such as Goebel Porcelain, North American Philips, and the NY State Dept. of Community Health, Betsy & Michael Feinberg co-founded Book Services to inspire individuals to tell their own stories and preserve them in a professional and permanent format. Betsy is a magna cum laude graduate of the University of Michigan and holds an M.A. in English from New York University.

Michael Feinberg
Mike Feinberg has had 30 years of experience in professional photography, film production, and graphic design for print. He is an expert in publication layout and restoration of damaged and faded photographs, using Adobe InDesign and Adobe Photoshope.
Diversity in American Religious Groups: A Historical Introduction

Mon 1:30 PM - 3:00 PM  start: 6/6/2016  end: 6/27/2016  PCC 210

Course Description

The 2010 census of American religious groups counted 320,000 congregations in the U.S. with 150 million adherents in 152 different denominations or groups. How do we understand all of these groups? Where did these groups come from? Why are there so many? What do they believe? This study group will explore these questions examining the origins of religious denominations, colonial religious patterns, the 19th century challenges to those patterns, 20th century religious pluralism, and the status of the current landscape.

Study Group Leader(s)

James Ward

James G. Ward is an independent scholar in historical social studies, with an interest in religion. He is Emeritus Professor of Educational Administration, University of Illinois at Urbana-Champaign. Prior to his university career, he was research director and chief economist for the American Federation of Teachers, AFL-CIO. He is a former high school and community college history teacher.

Tuesday

Communicating with Adult Children

Tue 9:00 AM - 10:30 AM  start: 6/7/2016  end: 6/14/2016  PCC 210

Course Description

The purpose of this "workshop" is to provide the students with the ability to use effective communication skills with their adult children as well as other individuals that they come in contact with. Historical and topics from neural science provide a basis for their emotional reactions individuals have in presenting and receiving information.

Study Group Leader(s)

Christopher Psaropulos

Chris is a retired counseling psychologist who has recently relocated from Massachusetts. Besides working in a clinical setting with individuals, families, and children, he also worked with seniors in residential care to facilitate communication and problem-solving with family members.
The Power of Myth

Tue 1:30 PM - 3:00 PM   start: 6/7/2016   end: 6/28/2016   PCC 200

Course Description

Myths and mythology have shaped humankind’s ideas about ourselves and the universe we live in since the beginning of our race and civilization. Right up into the 21st Century we are governed in some sort by myths both ancient and recent. The myths we know and believe or the ones that we aren't aware that we know are the lenses we view our own tribe and the many other tribes that share the planet with us. The study group will allow us to look at those myths from an open and curious perception, learning along the way just how they do or don't affect us, or belief systems and our daily lives. The format will be very little lecture and hopefully lots of discussion. The content will include fun trivia about all of the things we may have thought were carved in stone truths or myths reorchestrated and contemporized to fit into our milieu. Outside reading is not necessary but reading Joseph Campbell's "The Power of Myth" or watching the Bill Moyer's series of the same author and title may be enlightening. It is a Beginner's course, light hearted yet stimulating.

Anyone may participate, as there is nothing which would prohibit anyone physically. Attendees only come with an open mind and the understanding that although many of their beliefs may be challenged, that the class is neither religious or dogmatic in nature. There will be a few trivia quizzes and information sheets that I can send electronically for members to print at home.

Study Group Leader(s)

Michael Nagle

I am a retired Social Worker and Therapeutic Counselor. I was employed in the nonprofit world for thirty years. In that field I served the needs of disadvantaged and underserved adult populations, including the incarcerated, ex-offenders, domestic violence victims and offenders, the homeless, at risk children, families needing parenting education, and special-needs (addiction) populations. Over the course of my career and volunteer services I have taught all ages from children to adults including inmate fathers within the Correctional System. I have a Bachelor's Degree in Counseling and a Master's Degree in Conflict Resolution and Management. All of my college and Postgraduate education has been in Theological Institutions, giving me an enormous interest in and curiosity about religion and its impact on society. I have been married for over 42 years and have an adult daughter who is also a social worker in the nonprofit arena. I have taught in a multitude of settings and situations, and I've been a conference and retreat speaker teaching in multiple States throughout the Nation. I am a lover of learning, and approach teaching as a learner myself with a story teller's style and a good sense of humor. I am a voracious reader and bring my traditional education and a lifetime of wonderful experience to the table. My wife and I as have been residents of Green Valley since the Fall of 2014, and are delighted that our daughter and her husband have moved to Arizona, living in Vail. We were residents of Connecticut for 35 years and left behind many friends as well as family on the East Coast.
Crazy Love – Four Movies

Tue 5:30 PM - 8:00 PM  start: 6/7/2016  end: 6/28/2016  Casa Community Center at La Posada

Course Description

For FUN we will view four movies on how love can make us crazy... We will view: Body Heat (William Hurt, Kathleen Turner), Somewhere in Time (Christopher Reeve, Jane Seymour), The Last Seduction (Linda Fiorentino), and Song of Lunch (Alan Rickman, Emma Thompson). Some Adult language and situations will be involved.

Study Group Leader(s)

Maureen Brooks

Maureen is an autodidact operaphile, and has been teaching classes on opera and popular film for Lifelong Learning Institutes, including OLLI, for 7+ years. She is also a Docent for Pima County’s Historic Hacienda de la Canoa. Prior to retirement she was an attorney in New York, California, and the District of Columbia.

Wednesday

Movies You May Have Missed (Or Should See Again)

Wed 1:30 PM - 5:00 PM  start: 6/8/2016  end: 6/29/2016  Casa Community Center at La Posada

Course Description

Unusual, poignant, even quirky movies by directors you will recognize. Planned showings - 'Being There', 'Breaker Morant', 'Lone Star', 'Bernie'

Study Group Leader(s)

D W Stonecipher

Long time interest in movies, history, and rock music. BA in Business – interested in study of history and political science, but had to support a family. 1962 to 1974 – marketing management for major oil company. 1974 to 2006 owned sizable accounting, tax and payroll practice dealing with small businesses, professional practices, and non-profit organizations. Organized, lectured, and led many seminars on sales, marketing, business management, business organization, and taxation issues.
Thursday

The Life of an Altarpiece: The Retablo of Ciudad Rodrigo

Thu 11:00 AM - 12:30 PM  start: 6/16/2016  end: 6/16/2016  PCC 210

Course Description

"The Life of an Altarpiece: The Retablo of Ciudad Rodrigo" is a single PowerPoint lecture that will be delivered by Olivia Miller, Curator of Exhibitions and Education at the University of Arizona Museum of Art. As one of the highlights of the museum's collection, this 15th-century Spanish altarpiece has a special history. This talk will examine why the altarpiece was created, how it might have been originally displayed, and how it finally found its way to Tucson. A tour of the Retablo will be scheduled for the Saturday following the lecture at 11:00am.

Study Group Leader(s)

Olivia Miller

Olivia Miller is the Curator of Exhibitions and Education at the University of Arizona Museum of Art. She received her B.A. in Studio Art and Art History from the University of Arizona and her M.A. in Art History from the University of Oregon with a focus on the Spanish royal hunting portrait tradition. She is currently a Ph.D. student in art history and is interested in female art patronage and early modern print culture. Prior to her position at UAMA she taught art history for both high school and college levels and worked at multiple non-profit arts organizations in both Oregon and Arizona.

Bonsai: Ancient Art With Young Roots

Thu 1:30 PM - 3:00 PM  start: 6/9/2016  end: 6/9/2016  PCC 210

Course Description

Brief history of Bonsai as it evolved from China, to Korea, to Japan, and then to the West. Specifics about the cultivation of bonsai here in the Sonoran Desert environment. Where we find subject material, how we design the bonsai from nursery stock, or from propagation. Very old trees collected from our mountains. The progression is the Society from beginner to intermediate, to advanced. How we care for the plants, about 98% outdoors all year round. Approaching the material, the design and long range plan. Our potting mixes, watering, sun/shade exposure. Bonsai as a positive and creative philosophy of life.
Study Group Leader(s)

David Meyer

Founder of the Tucson Bonsai Society in 1972, began teaching classes in Tucson in 1974, after studying with teachers in Phoenix and Ca. President for many years, now currently president again. Has been chairman of two national bonsai conventions, one in Denver (1981) and in Tucson (1999). First to be certified as a bonsai teacher in Arizona by the Golden States Bonsai Federation, has sponsored two others in Tucson and in Phoenix. A retired CPA, he now spends full time tending to over 200 bonsai in his collection, teaching classes and "spreading the word". His late wife, Judy, was his bonsai companion for 46 years, and he still takes care of her bonsai collection.

Four Different Agatha Christie Stories

Thu 3:30 PM - 5:00 PM  start: 6/9/2016  end: 6/30/2016  Casa Community Center at La Posada

Course Description

We will view a video (50 minutes) each week and discuss it. You may choose to read the short story on which the video is based beforehand or not. From "Parker Pyne Investigates": The Case of the Middle-Aged Wife (Week 1) & The Case of the Discontented Soldier (Week 3). From "The Hound of Death": The Red Signal (Week 2) & The Mystery of the Blue Jar (Week 4).

Study Group Leader(s)

Stephen Stillwell

Stephen J. Stillwell, jr. is an historian and a librarian with degrees from the American University, Simmons College, Harvard University, and the University of North Texas. He has lived, studied, and worked around the United States, the United Kingdom, and the Middle East. He worked as a librarian and/or a faculty member at Harvard, Texas Christian, UNT, Texas (Arlington), and Arizona. Now retired, he enjoys teaching (particularly British) history. His favourite past-time is reading British mysteries. Dr. Stillwell has had the unusual experience of being a swineherd on a lesbian-owned & operated free-range, organic pig farm in mid-Wales.
Friday

Strong Bones Workout

Fri 9:00 AM - 10:00 AM  start: 6/10/2016  end: 7/1/2016  PCC 200

Course Description

Proper exercise is one of the best ways to defend against osteoporosis and falls. This one-hour workout will focus on improving strength and balance, and is based on the recommended exercises in a recent book about osteoporosis. We will begin with stretching and move on to light weight-bearing exercises, which are performed both seated and standing. Movements are slow and counted aloud. They are done without music and are not targeted at increasing your heart rate; however, if you are not used to exercising it is recommended that you consult with your health care professional first. Bring water, a towel, and hand and ankle weights if you desire; wear comfortable clothing and exercise shoes.

Study Group Leader(s)

Paula Kulina

Paula Kulina is a native of Phoenix, AZ and retired from American Express two years ago. After being diagnosed with osteoporosis this year, she became interested in maximizing her efforts to eat, and exercise, her way to better health. She joined a "Strong Bones" workout group this summer in another state and wants to continue the workouts here with you!